# Westerly Senior Citizens Center April 2025 April 2025 RESIGNATION COMPANY April 2025



39 STATE STREET, WESTERLY, RI 02891 OFFICE PHONE: (401) 596-2404 / FAX (401) 596-4991 MEALSITE/TRANSPORTATION: (401) 596-7216 WWW.WESTERLYSENIORCENTER.ORG MONDAY - FRIDAY 8:30am - 4:30pm



# Board Elections Information

Deadline to return applications is April 4th Election will be held on May 8th



# RIPTA PHOTO IDS

Will be processed on May
1st



10am until Noon

# Save the Date! Springfest



**Including** 

Bake Sale, Breakfast, Penny Social Saturday, May 3rd

#### House Clean Outs

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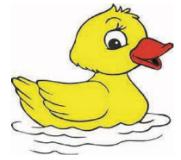


PAGE 3	PAGE 3 WESTERLY SENIOR CITIZENS CENTER April 2025					
Monday	Tuesday	Wednesday	Thursday	Friday		
	1 AA 7:30am Billiards 8:30 Table Shuffleboard 9-12 Craft Group 10:00 - 12:00 Floor Shuffleboard 1:00 Music Group 1:00 Mahjong 1:00 AA 6:00 Italian Lessons 6:30 - 8 TOPS #18 6:30	2 AA 7:30am Billiards 8:30 Table Shuffleboard 9-12 Ninigret/Dream Quilters 9:00 AA 10:00 (Women) Bridge 1:00 Tai Chi 1:30 - 2:30 Tai Chi 2:45 - 3:45 Bingo 6:30 (Sales end 6:20) AA 7:00 (Men)	3 AA 7:30am Billiards 8:30 Wood Carving 8:30 Pitch, "99" at 9:00 Art Class 9:00 Bridge 1:00 Mahjong 1:00 Line Dancing 1:30 Cribbage 6:00 Italian Lessons 6:30 - 8 TOPS #3 6:00 - 8:00	4 AA 7:30am Billiards 8:30 Yoga 9:00 Cribbage 9:30 Insight 10 - 11 Mahjong 1:00 Corn Hole 1:30 AA 7:00 Al-Anon 7:00		
<b>7</b> AA 7:30am Billiards 8:30 Bridge 1:00 Line Dancing 1:30 Yoga 1:30 Cribbage 6:00 Italian Lessons 6:30 - 8 AA 7:00	8 AA 7:30am Billiards 8:30 Table Shuffleboard 9-12 Veteran's 11:00 - 12:00 Floor Shuffleboard 1:00 Mahjong 1:00 Music Group 1:00 AA 6:00 Italian Lessons 6:30 - 8 TOPS #18 6:30 Ninigret Quilters 7:00	9 AA 7:30am Billiards 8:30 Table Shuffleboard 9-12 Ninigret/Dream Quilters 9:00 AA 10:00 (Women) Bridge 1:00 Tai Chi 1:30 - 2:30 Tai Chi 2:45 - 3:45 Bingo 6:30 (Sales end 6:20) AA 7:00 (Men)	10 AA 7:30am Billiards 8:30 Wood Carving 8:30 Pitch, "99" at 9:00 Art Class 9:00 Book Club 1:00 Bridge 1:00 Mahjong 1:00 Line Dancing 1:30 Cribbage 6:00 Italian Lessons 6:30 - 8 TOPS #3 6:00 - 8:00	11 AA 7:30am Billiards 8:30 Mall Trip 9am Yoga 9:00 Cribbage 9:30 Mahjong 1:00 Corn Hole 1:30 Scrapbook Moms 5:00 AA 7:00 Al-Anon 7:00		
14 AA 7:30am Billiards 8:30 Bridge 1:00 Line Dancing 1:30 Yoga 1:30 Cribbage 6:00 Italian Lessons 6:30 - 8 AA 7:00	15 AA 7:30am Billiards 8:30 Table Shuffleboard 9-12 Craft Group 10:00 - 12:00 Floor Shuffleboard 1:00 Mahjong 1:00 Music Group 1:00 AA 6:00 Italian Lessons 6:30 - 8 TOPS #18 6:30	16 AA 7:30am Billiards 8:30 Table Shuffleboard 9-12 Ninigret/Dream Quilters 9:00 AA 10:00 (Women) Bridge 1:00 Tai Chi 1:30 - 2:30 Tai Chi 2:45 - 3:45 Bingo 6:30 (Sales end 6:20) AA 7:00 (Men)	17 AA 7:30am Wood Carving 8:30 Billiards 8:30 Pitch, "99" at 9:00 Art Class 9:00 Bridge / Mahjong 1:00 Board Meeting 1:15 Line Dancing 1:30 Blue Cross 2:00 Cribbage 6:00 Italian Lessons 6:30 - 8 TOPS #3 6:00 - 8:00 Coin Club 6:00	CENTER CLOSED  GOOD FRIDAY		
21 AA 7:30am Billiards 8:30 Bridge 1:00 Line Dancing 1:30 Yoga 1:30 Cribbage 6:00 Italian Lessons 6:30 - 8 AA 7:00	22 AA 7:30am Billiards 8:30 Table Shuffleboard 9-12 Visiting Nurse 9:30 - 1:00 Floor Shuffleboard 1:00 Mahjong 1:00 Music Group 1:00 AA 6:00 Italian Lessons 6:30 - 8 TOPS #18 6:30	23 AA 7:30am Billiards 8:30 Table Shuffleboard 9-12 Ninigret/Dream Quilters 9:00 AA 10:00 (Women) AARP Brain Health - 11 Bridge 1:00 Tai Chi 1:30 - 2:30 Tai Chi 2:45 - 3:45 Bingo 6:30 (Sales end 6:20) AA 7:00 (Men)	24 AA 7:30am Wood Carving 8:30 Billiards 8:30 Pitch, "99" at 9:00 Art Class 9:00 Bridge 1:00 Mahjong 1:00 Line Dancing 1:30 Cribbage 6:00 TOPS #3 6:00 - 8:00 Italian Lessons 6:30 - 8	25 AA 7:30am Billiards 8:30 Yoga 9:00 Cribbage 9:30 Apple Rehab 11 - 12 Mahjong 1:00 Corn Hole 1:30 AA 7:00 Al-Anon 7:00		
28 AA 7:30am Billiards 8:30 Mall Triip 9:00 Bridge 1:00 Line Dancing 1:30 Yoga 1:30 Cribbage 6:00 AA 7:00	29 AA 7:30am Billiards 8:30 Table Shuffleboard 9-12 Floor Shuffleboard 1:00 Mahjong 1:00 Music Group 1:00 AA 6:00 Auto Club 6:00 TOPS #18 6:30	30 AA 7:30am Billiards 8:30 Table Shuffleboard 9-12 Ninigret/Dream Quilters 9:00 AA 10:00 (Women) Bridge 1:00 Tai Chi 1:30 - 2:30 Tai Chi 2:45 - 3:45 Bingo 6:30 (Sales end 6:20) AA 7:00 (Men)				

# THE SPRINGFEST BAKE SALE IS ON MAY 3RD PHONE CALLS WILL BE MADE TO ALL CURRENT MEMBERS TO ASK FOR YOUR SUPPORT

Donations are being accepted
For Gift Cards
As prizes for the SpringFest Penny Social
Please bring donations to the Director prior to
April 4th

<u>Duck Race Certificates</u> <u>Are Available</u>



at the
Reception Desk
\$5.00



The Race is on April 26th

#### WESTERLY SENIOR CITIZENS CENTER

Complete this puzzle and submit it to the Senior Center by April 15th!	
One winner ( <u>must be a member</u> ) will be chosen & will receive a \$15 Gift Certificate to Wal	mart.

NAME	MEMBERSHIP #	PHONE NUMBER

- 1. What was Charlotte's first message in her web in Charlotte's Web?
- 2. What soft drink was billed as "the real thing?"



- 3. Which ingredient do you adjust in a martini to make it dry or wet?
- 4. Which fast food restaurant's commercial asked, "Where's the beef?"
- 5. What breed of dog is Scooby Doo?
- 6. What type of fruit is a pomelo?



- 7. What type of moss hangs from tree branches throughout the South?
- 8. Where is the tallest known living tree in the world located?
- 9. What are the three states of matter?
- 10. What are the ingredients in a Boulevardier?
- 11. What is the most populated U.S. state?



- 12. What country makes the most wine, Italy, France, or the United States?
- 13. In baseball, how many feet from Home Plate is First base?
- 14. What airline did Northwest Airlines merge with in 2010?



1 Lewis Hare

Debra Cornell Kathleen O'Brien Fran Post

3 Edward Adams Allen Lawton Barbara Ritchie

John Boumenot Debora Debigare Felice Farber John Rago

Joyce Clark Maria Maimone Robert Terranova

6 Mary Lynn Caswell Elizabeth Johnson

Jeannie Brown Caron Gomes June Deptulski 11 Sheri Loechler

Linda Cucitrone Marjorie Duerr Lorraine Traystman

13 Cheryl Holland

Rose Marie Christina Mafalda DiOrio

> 15 Roger Phaneuf Lynn Steffens

16 Charlotte Ruzzo

17 Marge Puhlick

Grace Ann Cipriano Patricia Marin

> 19 Peter Ferland

**21** John Hamelin Gary Deveau

**22**Minnie Fiore

23
Gerald Curulla
Linda Evans
Jacqueline Serra
Jean Tomao

**24** Elizabeth Rourk

26 Corinne Rossi Kitty Scott

**28**Mark Adiletta
Sheila Mearns



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#### WESTERLY SENIOR CITIZENS CENTER

**April 2025** 

Westerly Senior Citizens Center Menu

## **APRIL**

FOR RESERVATIONS CALL (401) 596-7216

Center Menu			CALL (40	CALL (401) 596-7216		
MONDAY	MONDAY TUESDAY		THURSDAY	<u>FRIDAY</u>		
	1	2	3	4		
	Mushroom barley soup Chicken cacciatore Roasted potatoes Ww roll Cookies	White bean soup Mongolian pork Fried rice Broccoli florets Ww roll Cake	Cauliflower tomato soup Roasted chicken thighs Roasted potato Sweet corn Ww roll Sliced peaches	Minestrone soup Baked fish Florentine rice Mixed vegetables Ww roll Fruit cocktail		
7	Turkey & bacon sandwich 8	Chicken salad plate 9	Ham salad sandwich	Tuna salad sandwich 11		
1	8	9	10	11		
Chicken soup Sloppy joe Pasta salad Ww roll Brownie	Minestrone soup Honey garlic chicken thighs Roasted carrots & broccoli Steamed white rice Ww Roll Fresh melon	Vegetable lentil soup Pork chop Italiano Sweet potatoes Peas & onion Ww roll Sliced pears	Tomato soup Chicken n gravy Mixed vegetables Roasted potatoes Roll Cookies	Cream of broccoli soup Fish sandwich Cole slaw Potato wedges Ww roll Mixed fruit		
Ham & cheese on rye	heese on rye Tossed salad w/ chicken Seafood salad sandwich Chef		Chef salad	Tuna sandwich		
14	15	16	17	18		
Vegetable soup Shepards pie Mashed potato Ww roll Sliced peaches	Tomato soup Pub burger w/ cheese Sliced potatoes Ww roll Brownie	Cream of broccoli soup  Chicken coq au vin  Rice pilaf  Chuck wagon corn  Ww Roll -  Pineapple chunks	Chicken soup Baked ham w/ sauce Mashed sweet potatoes Roasted carrots Ww roll Easter dessert	CENTER CLOSED GOOD		
Chicken salad sandwich	Chef salad	Corned beef sandwich	Tossed salad w/ chicken	FRIDAY		
21	22	23	24	25		
Kale & bean soup Chicken cordon bleu Roasted vegetables/potatoes Garlic bread Watermelon	Chicken soup Lasagna roll up w/meat sauce Spinach w/mixed vegetables Ww roll Fresh melon	Escarole & bean soup Creamy garlic pork chops Mushroom rice pilaf Buttered corn Ww Roll - Brownie	Fresh fruit cup Beef stew Roasted vegetables Ww roll Cookie	Cauliflower tomato soup Sausage & pepper sandwich Chips Cole slaw Ww roll - peaches		
Roast beef on roll	Chicken salad plate	Seafood salad sandwich	Chopped salad w/chicken	Tuna salad plate		
28	29	30				
Vegetable lentil soup Fajita style chicken w/ Peppers & onions White rice Ww roll Sliced pears  Cobb salad	Vegetable barley soup Pork scallopini Roasted potatoes Green beans Ww roll Fresh fruit Turkey sandwich	Meatball soup Grilled chicken Roasted zucchini Spanish rice Ww roll Oatmeal cookies  Italian grinder				

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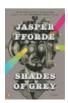






Many Thanks
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this worthwhile
project.
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handmade or store
bought.

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Meets on April 10th at 1:00pm



**Edie Brooks Jerry Brooks** Sandy Brunelli **Mathew Budny Betsy Cruzana** Nick Cruzana **Gary Deveau Diane Donovan Carol Drake** Elizabeth Fratoni Jeanette Froncillo Leila Gill **Nancy Larken Donald Liberatore Nancy Lapre** Richard Mumenthalen **Kathy Niles Janice Pepe** Judy Ryan **Debi Severns** Melinda Soderberg **Richard Soderberg Marcia Surkont Shirley Thompson** Karen Tozier **Charlene Waters** 

**James Weeden** 

## **PLEASE NOTE:**

# **BINGO**

WILL NOT BE HELD

ON

**EASTER, APRIL 20TH** 

Please sign up on the bulletin board near the reception desk if interested in:

Memoir Writing Class or Singing Group



Apple Rehabilitation
will be
making a
Presentation
on
April 25th
11:00am - 12 Noon

Don't
Forget
To
Buy
Your
Duck Race
Tickets

There will be a special AARP Presentation on May 23rd on Brain Health at 11:00am

Mark your calendars now for this beneficial presentation

#### **MEETINGS and PROGRAMS**

AA Meetings: Sunday - Saturday at 7:30a

Mondays 7:00p Tuesdays 6:00p Wednesdays 10a & 6:00p (Women), 7p (Men) Fridays at 7:00p Saturdays at 7:00p Sundays at 5:00p & 7p New members are welcome!

AL-Anon Meeting - Friday - 7:00p

Board Meeting - The Board of Directors will be holding its monthly membership & business meeting on Thursday, April 17th at 1:15pm in the Conference Room.

Ninigret Quilters - meet on Wednesdays at 9:00am. They also meet on Tuesday, April 8th at 7:00pm

VFW - Project Outreach of Westerly The councilor will be here on April 8th 11:00 - 12:00

<u>Visiting Nurse</u> - The Visiting Nurse will be at the Center on <u>Tuesday</u>, <u>April 22nd</u> 9:30 - 1:00 for blood pressure screenings and other health concerns.

# The Winner of March's Puzzle Carol Strong



BINGO - Wednesday / Sunday

Warm Ups @ 4:45pm Regular Session @ 6:30pm Sales end @ 6:20pm <u>Center Van</u> - The Center van is available Tuesday - Thursday for shopping, hairdresser, barber, banking, and nursing home visits. Contact Edie, the Transportation Coordinator to make a reservation. (596-7216).



<u>Medical Rides</u> - MTM is the State program for medical rides. To make reservations, Call: 1-855-330-9131.

RIPTA BUS INFORMATION - Please call: 401-781-9400, Monday - Friday 7am - 6pm.

Medical Equipment Donations - Each month medical donations are received. Items include wheelchairs, transport chairs, bedside commodes, raised toilet seats, shower chairs, stools and benches, walkers, rollators and adult underwear.

Should you need medical equipment or adult underwear, please call the center so we can fill out a slip for the item(s). We fill orders on a first come first served basis, free of charge.

# **Mall Trips**

Friday, April 11th @ 9:00 Monday, April 28th @ 9:00

Call Edie to make a reservation @ 401-596-7216



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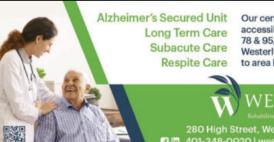
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Judy Vredenburg - Treasurer, Donna Cota - Secretary,
Robin Buck, Sue Melanson, Dale Quattromani, Michelle Reehl

Westerly Senior Citizens Center Staff: Don L. Reynolds - Executive Director U.S. POSTAGE
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PRE-SORT STD

Nichole Woodward - Elder Information Specialist
Edith E. Jacobson - Transportation / Mealsite Coordinator
Karen Cioffi, Sharon Ahern, Gianna Scarano - Administrative Assistants
Joan Freemer - Kitchen Supervisor
Nicholas Lamotte - Custodian / Jerry Breault - Van Driver



Carolyn MacCrae - Newsletter Editor

The Westerly Senior Citizens Center 39 State Street Westerly RI 02891

**RETURN SERVICE REQUESTED** 

#### **WSCC MISSION STATEMENT**

The mission of the Westerly Senior Citizens Center is to provide opportunity for the "young at heart" to meet and enjoy a wide variety of social, educational, health, and recreational activities and programs and to promote the positive aspects of aging to them, their families, and the community at large.