

# Westerly Senior Citizens Center

## July 2024



39 STATE STREET, WESTERLY, RI 02891  
OFFICE PHONE: (401) 596-2404 / FAX (401) 596- 4991  
MEALSITE/TRANSPORTATION: (401) 596-7216  
WWW.WESTERLYSENIORCENTER.ORG  
MONDAY - FRIDAY 8:30am - 3:30pm



**SUMMER HOURS 8:30 - 3:30**



## Truckload

## Sale

Save up  
to



## 75% off

A Special Event

By

## *Bea Smiths*

Thursday,

July 25th

10am - 2pm

Westerly Senior Center

Alfred dinner

Mackintosh

Handbags & much more

Join us for a fashionable fun day of  
browsing, buying and good times  
with

## *Bea Smiths*

*"Your Traveling Fashion Store"*

\*VISA, M/C, DISCOVER, AMEX & CASH ACCEPTED

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> AA 7:30am Billiards 8:30 Bridge 1:00 Line Dancing 1:30 Yoga 1:30 Italian Lessons 6 - 7:30 AA 7:00pm	<b>2</b> AA 7:30am Billiards 8:30 Table Shuffle Board 9-12 Craft Group 10 - 12 Mahjong 1:00 Music Group 1:00 AA 6:00 TOPS #18 6:30	<b>3</b> AA 7:30am Billiards 8:30 Ninigret/Dream Quilters 9:00 AA 10 (Women) Bridge 1:00 Tai Chi 1:30 - 2:30 Tai Chi 2:45 - 3:45 <b>Bingo 6:30</b> AA 7:00 (Men)	<b>4</b> AA 7:30am  <b>Center Closed</b>	<b>5</b> AA 7:30am Billiards 8:30 Yoga 9:00 Cribbage 9:30 Insight 10 - 11 Mahjong 1:00 Corn Hole 1:30 AA 7:00 Al-Anon 7:00
<b>8</b> AA 7:30am Billiards 8:30 Bridge 1:00 Line Dancing 1:30 Yoga 1:30 AA 7:00pm	<b>9</b> AA 7:30am Billiards 8:30 Table Shuffle Board 9-12 Craft Group 10 - 12 Mahjong 1:00 Music Group 1:00 AA 6:00 TOPS #18 6:30 Ninigret Quilters 7	<b>10</b> AA 7:30am Billiards 8:30 Ninigret/Dream Quilters 9:00 AA 10 (Women) Bridge 1:00 Tai Chi 1:30 - 2:30 Tai Chi 2:45 - 3:45 <b>Bingo 6:30</b> AA 7:00 (Men)	<b>11</b> AA 7:30am Billiards 8:30 Wood Carving 8:30 Pitch, "99" at 9:00 Art Class 9:00 Bridge 1:00 Mahjong 1:00 Line Dancing 1:30 TOPS #3 6:00 - 8:00	<b>12</b> AA 7:30am Billiards 8:30 Yoga 9:00 Mall Trip 9:00 Cribbage 9:30 Mahjong 1:00 Corn Hole 1:30 Scrapbook Moms 5:00 AA 7:00 Al-Anon 7:00
<b>15</b> AA 7:30am Billiards 8:30 Bridge 1:00 Line Dancing 1:30 Yoga 1:30 AA 7:00pm	<b>16</b> AA 7:30am Billiards 8:30 Table Shuffle Board 9-12 Craft Group 10 - 12 Mahjong 1:00 Music Group 1:00 AA 6:00 TOPS #18 6:30	<b>17</b> AA 7:30am Billiards 8:30 Ninigret/Dream Quilters 9:00 AA 10 (Women) Bridge 1:00 Tai Chi 1:30 - 2:30 Tai Chi 2:45 - 3:45 <b>Bingo 6:30</b> AA 7:00 (Men)	<b>18</b> AA 7:30am Wood Carving 8:30 Billiards 8:30 Pitch, "99" at 9:00 Art Class 9:00 Bridge 1:00 Mahjong 1:00 Line Dancing 1:30 Board Meeting 1:15 Blue Cross/Blue Shield 2:00 Coin Club 6:00 TOPS #3 6:00 - 8:00	<b>19</b> AA 7:30am Billiards 8:30 Yoga 9:00 Quilting 9:00 Cribbage 9:30 Mahjong 1:00 Corn Hole 1:30 AA 7:00 Al-Anon 7:00
<b>22</b> AA 7:30am Billiards 8:30 Bridge 1:00 Line Dancing 1:30 Yoga 1:30 AA 7:00pm	<b>23</b> AA 7:30am Billiards 8:30 Table Shuffle Board 9-12 Visiting Nurse 9:30-1 Craft Group 10 - 12 Mahjong 1:00 Music Group 1:00 AA 6:00 TOPS #18 6:30	<b>24</b> AA 7:30am Billiards 8:30 Ninigret/Dream Quilters 9:00 AA 10 (Women) Bridge 1:00 Tai Chi 1:30 - 2:30 Tai Chi 2:45 - 3:45 <b>Bingo 6:30</b> AA 7:00 (Men)	<b>25</b> AA 7:30am Wood Carving 8:30 Billiards 8:30 Pitch, "99" at 9:00 Art Class 9:00 Bea Smiths 10:00 - 2:00 Sr. Companion 11:00 Bridge / Mahjong 1:00 Line Dancing 1:30 TOPS #3 6:00 - 8:00	<b>26</b> AA 7:30am Billiards 8:30 Yoga 9:00 Cribbage 9:30 Mahjong 1:00 Corn Hole 1:30 AA 7:00 Al-Anon 7:00
<b>29</b> AA 7:30am Billiards 8:30 Mall Trip 9 Bridge 1:00 Line Dancing 1:30 Yoga 1:30 AA 7:00pm	<b>30</b> AA 7:30am Billiards 8:30 Table Shuffle Board 9-12 Craft Group 10 - 12 Mahjong 1:00 Music Group 1:00 AA 6:00 Auto Club 6:00 TOPS #18 6:30	<b>31</b> AA 7:30am Billiards 8:30 Ninigret/Dream Quilters 9:00 AA 10 (Women) Bridge 1:00 Tai Chi 1:30 - 2:30 Tai Chi 2:45 - 3:45 <b>Bingo 6:30</b> AA 7:00 (Men)		

1

Susan Barber  
Paul Hibbs  
Larry Hirsh

2

Teri Fontaine  
Barbara Mount  
Pam Urso  
Chet Zeeman

4

Paul Holland  
Mary Ellen Shulda  
Patricia Talar

5

Keller Bridgham  
Rose Marie Weston

6

Geri Johnson  
Rochelle Levins

7

Karen Aiken  
Wayne Bartolo  
Mary Bowler

8

Kathleen Daniele  
George Jensen  
Anita Severns

9

Diane Freeman  
Stephen Scibilio  
James Scola

10

Karen Skelton  
Lois Tate

12

Frank Antoch

13

Frances Mattera  
Jinny Plasse  
Michelle Reehl  
Ruth Szklany

15

Mary Costanza  
Barbara Korpas  
Linda Kotyk  
Adelina Main  
Lynne Ranallo

16

Scott Bavasso  
Eileen Johnson  
Roger Sutro

17

Bonnie Hibbs  
Suzette Luther  
Joan Scheuerman

18

Sandra Gencarella  
Carolyn Gencarelli  
John Toscano  
Joyce Yanusas

19

Jane Barstow

20

Leslie Avant  
Joanne Haytaian

21

John Garvey  
Diane Lepikko

22

Gwen Crider  
Anthony LuPriore  
Patricia McKinney

23

Pat Blizzard  
Linda Prizito

24

Antonia Lenihan

25

Susan Cross  
Philip Davis  
Lori Gulluscio

28

Gerard Capalbo

29

Dolly Collins  
Karin Giguere  
Shirley Lunaas  
Robert Rossi  
Frank Tate

30

Helen Kenyon  
Mary Ann McElhaney  
Janice Riley

31

Robert Boies  
Therese Daly  
Barbara Nugent  
Winnie Weeden







## SENIOR COMPANION PROGRAM VOLUNTEERS NEEDED!

The RI Office of Healthy Aging (OHA), administers the Senior Companion Program focused on providing assistance and friendship to older adults who have difficulty with daily living tasks.

**We're looking for enthusiastic volunteers age 55 or older to devote a minimum of 15 hours a week to creating new friendships, and assisting peers with task as needed.**

### BECOME A VOLUNTEER!

Due to COVID-19 some activities have been modified to ensure the safety of companions and recipients of the SCP services.



**IF YOU'RE AGE 55 OR  
OLDER WE WANT YOU!**

### THE PROGRAM OFFERS:

- Flexible Schedules
- Paid Time Off
  - Vacation,
  - Sick days
  - 12 Paid Holidays
- Annual Recognition Luncheon & Holiday Party

**Informational Meeting  
July 25th @ 11:00am  
Triple Room  
Westerly Senior Center  
Jenny.Mercado@oha.ri.gov  
401-462-0569**



The Van Trips to the Warwick Mall  
are scheduled for



Friday, July 12th  
Monday, July 29th

Please call Edie at 401-596-7216  
to reserve your seat today!  
Space is limited.



## New Members

Ann Cook

Donna Davis

Philip Davis

Shelley Gardella

Jane Gingerella

Susan Haley

Bonnie Hibbs

Paul Hibbs

Laura Leaycraft

Anna Longolucco

John McGregor

James McKinzie

Tamara Melanson

Carol Sam

Brenda Santos

David Santos

Pam Urso

Deserie Waryck

Edward Weber

Paul Weirup

**Westerly Senior Citizens  
Center Menu**

# July

**FOR RESERVATIONS  
CALL (401) 596-7216**

<u>MONDAY</u>	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
Chicken soup <b>Baked chicken topped w/ Eggplant Bolognese</b> Roasted potato Garlic bread Cookie  Roast beef on roll	Greek cucumber salad <b>Potato crusted fish</b> Green beans Rice pilaf Ww roll Sliced peaches  Ham & cheese on wheat	Tossed salad <b>Pub burger w/cheese</b> Pasta Salad Charred Broccoli Ww roll Strawberry short cake  Turkey sandwich on roll		Tomato soup <b>Sloppy Joe</b> Cole Slaw Potato Wedges Ww roll Melon  Egg Salad Plate
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
Navy bean vegetable soup <b>Chicken marsala</b> Parmesan rice Mixed vegetables Ww roll Tropical fruit  Spinach salad w/ chicken	Mushroom Barley Soup <b>Sausage &amp; pepper sandwich</b> Chips Roasted zucchini Ww roll Pudding  Greek salad w/ chicken	Tomato soup <b>Lemon butter pork chop</b> Roasted potatoes Mixed vegetables Ww roll Sliced pears  Seafood Salad Sandwich	Vegetable soup <b>Chicken cordon bleu</b> Rice pilaf Waxed beans Ww roll Oatmeal cookie  Chicken salad plate	Fresh fruit cup <b>Baked pasta w/meatballs</b> Sausage & cheese Roasted Vegetables Roll Jello  Tuna salad sandwich
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
Minestrone soup <b>Meatball sandwich</b> 3- bean salad Potato Wedges Ww roll Pineapple chunks  Cobb Salad	Tossed salad <b>Swedish meatballs</b> Mashed potatoes Buttered corn Ww roll Fresh fruit  Roast beef sandwich on roll	Clam chowder (red) <b>Fish sandwich</b> Cole slaw Orzo salad Roll - cake  Seafood salad plate	Chicken soup <b>Pot roast</b> Mashed potatoes Peas & carrots Ww roll Sliced peaches  Cobb salad	Cream of Broccoli Soup <b>Lasagna roll up/Meatsauce</b> Roasted vegetables Ww roll Pudding  Tuna salad plate
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
Kale bean & sausage soup <b>Shepards pie</b> Mashed potato Ww roll Chocolate cookie  Egg salad sandwich	Tomato soup <b>Marry Me Chicken</b> Waxed beans Roasted potatoes Ww roll Sliced peaches  Chef salad	Vegetable summer salad <b>Beef tips w/mushroom gravy</b> Mashed potatoes Roasted Zucchini & Tomato Ww roll Melon  Chicken salad on wheat	Lentil soup w/ vegetables <b>Sliced turkey</b> Stuffing Mixed squash Ww roll Brownie  Seafood salad plate	Tossed salad <b>Chicken parm</b> Steamed broccoli Spanish rice Ww roll Strawberry short cake  Chef salad
<b>29</b>	<b>30</b>	<b>31</b>		
Chicken escarole soup <b>Roasted chicken</b> Mashed potato Green beans Ww roll Pudding  Roast beef on roll	Vegetable soup <b>Pork Chop Italiano</b> Roasted vegetables Parmesan rice Tropical fruit Ww roll  Spinach salad w/ chicken	Tossed salad <b>Pork roast</b> Sweet potato Mixed vegetables roll Oatmeal cookie  Turkey sandwich		





**THANK YOU!**

The quilting group that meets regularly at the Senior Center created 12 Patriotic Quilts that are pictured above to “raffle” off to Veteran’s nominated by Members. Forty-nine entries were received. The 12 winners were drawn on Wednesday, May 29th.



Pictured here is one of the Veterans receiving their quilt!



On June 8th the Springfest was held at the Center beginning with a Pancake Breakfast. Many were in attendance for the breakfast as well as during the drawing for the 102 prizes in the Penny Social Raffle. We would like to thank all those who donated items and all who purchased tickets. This fundraiser is necessary to continue to provide the services and programs of the Center.



Also, the Chairman of the Springfest Bake Sale would like to thank everyone who made phone calls asking members for baked goods and all the wonderful members who baked. The staff was so encouraged by your participation and enthusiasm! Your generosity has greatly benefitted the Senior Center and many went home with some deliciousness! The first Bake Sale post-covid was truly a success!!!

**Nancy Lewis**

Was the only person who answered the 50s Trivia Puzzle 100% correctly for June. The answers deemed correct were those provided with the puzzle.

ANSWERS

- H1. Dwight Eisenhower
- H2. Polio
- H3. Sputnik
- H4. Fidel Castro
- H5. 1955
- H6. Sir Edmund Hillary
- H7. Nikita Khrushchev
- H8. Wisconsin
- H9. Rosa Parks
- H10. Queen Elizabeth II

ANSWERS

- M1. Que Sera Sera
- M2. Tennessee Ernie Ford
- M3. The Platters
- M4. Nat King Cole
- M5. Alan Freed
- M6. West Side Story
- M7. Bill Haley & the Comets
- M8. Buddy Holly & the Crickets
- M9. Poison Ivy
- M10. Hank Williams Sr.

ANSWERS

- P1. Elvis Presley
- P2. James Dean
- P3. The Price is Right
- P4. Joe DiMaggio
- P5. Poodle Skirt
- P6. Edd “Kookie” Byrnes
- P7. Coonskin
- P8. Goldfish
- P9. Roy Rogers
- P10. Hula Hoop





MEETINGS and PROGRAMS

AA Meetings: Sunday - Saturday at 7:30am in the triple room, on Mondays at 7:00pm, Tuesdays at 6:00pm, on Wednesdays at 10am for Women, 7pm for Men, Fridays at 7:00pm. Saturday at 7:00pm. Sunday at 5:00pm & 7pm. New members are welcome, regardless of Center membership.

AL-Anon Meeting: Friday - 7:00pm

Board Meeting - The Board of Directors will be holding its monthly membership and business meeting on Thursday, July 18th at 1:15pm in the Conference Room.

Blue Cross/Blue Shield - July 18th at 2pm.

Friday Quilters - Third Fridays. Next meeting July 19th at 9am.

Ninigret Quilters also meet on Wednesdays at 9:00 am in the Center Craft Room. They also meet on Tuesday, July 9th at 7:00pm

VFW - Project Outreach of Westerly



Councilor will not be Here in July

Visiting Nurse - The Visiting Nurse will be at the Center on Tuesday, July 23rd 9:30-1:30 for blood pressure screenings and other health concerns.



Center Van - The Center van is available Tuesday - Thursday for shopping, hairdresser, barber, banking, and nursing home visits. Contact Edie, the Transportation Coordinator to make a reservation. (596-7216).



Medical Rides - MTM is the State program for medical rides. To make reservations, Call: 1-855-330-9131.

RIPTA BUS INFORMATION - Please call: 401-781-9400, Monday - Friday 7am - 6pm.

Medical Equipment Donations - Each month medical donations are received. Items include wheelchairs, transport chairs, bedside commodes, raised toilet seats, shower chairs, stools and benches, walkers, rollators and adult underwear.

Should you need medical equipment or adult underwear, please call the center so we can fill out a slip for the item(s). We fill orders on a first come first served basis, free of charge.



**Did you know?**

The Senior Center has Books and Individual Stamps to sell. The Letter Carrier comes into the building twice a day to pick up mail. There is a box on the Reception Desk for outgoing mail.

Also, The Center has small \$7 and large \$10 Westerly trash bags for sale at the Reception Desk.

**Westerly Senior Citizens Center Board of Directors:**  
George Routhier - President, Wayne Bartolo - Vice President,  
Marcella Bartolo - Treasurer, Judy Vredenburg - Secretary,  
Robin Buck, Donna Cota, Sue Melanson, Dale Quattromani,  
Michelle Reehl

**Westerly Senior Citizens Center Staff:**  
Don L. Reynolds - Executive Director  
Nichole Woodward - Elder Information Specialist  
Edith E. Jacobson - Transportation / Mealsite Coordinator  
Karen Cioffi, Carolyn MacCrae - Administrative Assistants  
Joan Freemer - Kitchen Supervisor  
Marshane Clarke - Maintenance  
Jerry Breault - Van Driver

PRE-SORT STD  
U.S. POSTAGE  
**PAID**  
PERMIT NO. 24  
Westerly RI 02891



The Westerly Senior Citizens Center  
39 State Street  
Westerly RI 02891

RETURN SERVICE REQUESTED



***WSCC MISSION STATEMENT***

The mission of the Westerly Senior Citizens Center is to provide opportunity for the “young at heart” to meet and enjoy a wide variety of social, educational, health, and recreational activities and programs and to promote the positive aspects of aging to them, their families, and the community at large.