

Westerly Senior Citizens Center

September 2024



39 STATE STREET, WESTERLY, RI 02891
OFFICE PHONE: (401) 596-2404 / FAX (401) 596-4991
MEALSITE/TRANSPORTATION: (401) 596-7216
WWW.WESTERLYSENIORCENTER.ORG
MONDAY - FRIDAY 8:30am - 4:30pm



**Please Return Summer Raffle Tickets
By September 6th. Drawing is on the 8th.**

**Still time to return
September Calendar Club Tickets
A chance to win everyday in September**

Please save the dates:

**Meat Loaf Dinner
November 2nd**



**Craft Sale
November 23, 2024**

**Autumnfest / Penny Social / Breakfast
October 26, 2024**

**December Calendar Club Tickets
Will go on sale November 1st**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 AA 7:30am</p> <p>CLOSED LABOR DAY</p>	<p>3 AA 7:30am</p> <p>Billiards 8:30</p> <p>Craft Group 10:00 - 12:00</p> <p>Mahjong 1:00</p> <p>Music Group 1:00</p> <p>AA 6:00</p> <p>TOPS #18 6:30</p>	<p>4 AA 7:30am</p> <p>Billiards 8:30</p> <p>Ninigret/Dream Quilters 9:00</p> <p>AA 10 (Women)</p> <p>Bridge 1:00</p> <p>Tai Chi 1:30 - 2:30</p> <p>Tai Chi 2:45 - 3:45</p> <p>Bingo 6:30 (Sales end 6:20)</p> <p>AA 6:00 (Women)</p> <p>AA 7:00 (Men)</p>	<p>5 AA 7:30am</p> <p>Billiards 8:30</p> <p>Wood Carving 8:30</p> <p>Pitch, "99" at 9:00</p> <p>Art Class 9:00</p> <p>Bridge 1:00</p> <p>Mahjong 1:00</p> <p>Line Dancing 1:30</p> <p>TOPS #3 6:00 - 8:00</p>	<p>6 AA 7:30am</p> <p>Billiards 8:30</p> <p>Yoga 9:00</p> <p>Cribbage 9:30</p> <p>Mahjong 1:00</p> <p>Corn Hole 1:30</p> <p>AA 7:00</p> <p>Al-Anon 7:00</p>
<p>9 AA 7:30am</p> <p>Billiards 8:30</p> <p>Bridge 1:00</p> <p>Line Dancing 1:30</p> <p>Yoga 1:30</p> <p>Cribbage 6:00</p> <p>AA 7:00</p>	<p>10 AA 7:30am</p> <p>Billiards 8:30</p> <p>Veteran's 11:00-12:00</p> <p>Floor Shufflebrd Mtg 1:00</p> <p>Mahjong 1:00</p> <p>Music Group 1:00</p> <p>AA 6:00</p> <p>TOPS #18 6:30</p> <p>Ninigret Quilters 7:00</p>	<p>11 AA 7:30am</p> <p>Billiards 8:30</p> <p>Ninigret/Dream Quilters 9:00</p> <p>AA 10 (Women)</p> <p>Bridge 1:00</p> <p>Tai Chi 1:30 - 2:30</p> <p>Tai Chi 2:45 - 3:45</p> <p>Bingo 6:30 (Sales end 6:20)</p> <p>AA 6:00 (Women)</p> <p>AA 7:00 (Men)</p>	<p>12 AA 7:30am</p> <p>Billiards 8:30</p> <p>Wood Carving 8:30</p> <p>Pitch, "99" at 9:00</p> <p>Art Class 9:00</p> <p>Bridge 1:00</p> <p>Mahjong 1:00</p> <p>Line Dancing 1:30</p> <p>Cribbage 6:00</p> <p>Dante Society 6:00</p> <p>TOPS #3 6:00 - 8:00</p>	<p>13 AA 7:30am</p> <p>Billiards 8:30</p> <p>Mall Trip 9:00</p> <p>Yoga 9:00</p> <p>Cribbage 9:30</p> <p>Mahjong 1:00</p> <p>Corn Hole 1:30</p> <p>Scrapbook Moms 5:00</p> <p>AA 7:00</p> <p>Al-Anon 7:00</p>
<p>16 AA 7:30am</p> <p>Billiards 8:30</p> <p>Bridge 1:00</p> <p>Line Dancing 1:30</p> <p>Yoga 1:30</p> <p>Cribbage 6:00</p> <p>AA 7:00</p>	<p>17 AA 7:30am</p> <p>Billiards 8:30</p> <p>Table Shufflebrd Mtg 1:00</p> <p>Craft Group 10:00 - 12:00</p> <p>Floor Shuffleboard 1:00</p> <p>Mahjong 1:00</p> <p>Music Group 1:00</p> <p>AA 6:00</p> <p>TOPS #18 6:30</p> <p>Ninigret Quilters 7:00</p>	<p>18 AA 7:30am</p> <p>Billiards 8:30</p> <p>Ninigret/Dream Quilters 9:00</p> <p>AA 10 (Women)</p> <p>Bridge 1:00</p> <p>Tai Chi 1:30 - 2:30</p> <p>Tai Chi 2:45 - 3:45</p> <p>Bingo 6:30 (Sales end 6:20)</p> <p>AA 6:00 (Women)</p> <p>AA 7:00 (Men)</p>	<p>19 AA 7:30am</p> <p>Wood Carving 8:30</p> <p>Billiards 8:30</p> <p>Pitch, "99" at 9:00</p> <p>Art Class 9:00</p> <p>Bridge 1:00</p> <p>Book Club 1:00</p> <p>Mahjong 1:00</p> <p>Line Dancing 1:30</p> <p>Board Meeting 1:15</p> <p>Blue Cross/Blue Shield 2:00</p> <p>Coin Club 6:00</p> <p>Cribbage 6:00</p> <p>TOPS #3 6:00 - 8:00</p>	<p>20 AA 7:30am</p> <p>Billiards 8:30</p> <p>Yoga 9:00</p> <p>Quilting 9:00</p> <p>Cribbage 9:30</p> <p>Mahjong 1:00</p> <p>Corn Hole 1:30</p> <p>AA 7:00</p> <p>Al-Anon 7:00</p>
<p>23 AA 7:30am</p> <p>Billiards 8:30</p> <p>Bridge 1:00</p> <p>Line Dancing 1:30</p> <p>Yoga 1:30</p> <p>Cribbage 6:00</p> <p>AA 7:00</p>	<p>24 AA 7:30am</p> <p>Billiards 8:30</p> <p>Table Shuffleboard 9-12</p> <p>Visiting Nurse 9:30 - 1:30</p> <p>Floor Shuffleboard 1:00</p> <p>Mahjong 1:00</p> <p>Music Group 1:00</p> <p>AA 6:00</p> <p>Auto Club 6:00</p> <p>TOPS #18 6:30</p>	<p>25 AA 7:30am</p> <p>Billiards 8:30</p> <p>Ninigret/Dream Quilters 9:00</p> <p>AA 10 (Women)</p> <p>Bridge 1:00</p> <p>Tai Chi 1:30 - 2:30</p> <p>Tai Chi 2:45 - 3:45</p> <p>Bingo 6:30 (Sales end 6:20)</p> <p>AA 6:00 (Women)</p> <p>AA 7:00 (Men)</p>	<p>26 AA 7:30am</p> <p>Wood Carving 8:30</p> <p>Billiards 8:30</p> <p>Pitch, "99" at 9:00</p> <p>Art Class 9:00</p> <p>Bridge / Mahjong 1:00</p> <p>Line Dancing 1:30</p> <p>Cribbage 6:00</p> <p>TOPS #3 6:00 - 8:00</p>	<p>27 AA 7:30am</p> <p>Billiards 8:30</p> <p>Yoga 9:00</p> <p>Cribbage 9:30</p> <p>Mahjong 1:00</p> <p>Corn Hole 1:30</p> <p>AA 7:00</p> <p>Al-Anon 7:00</p>
<p>30 AA 7:30am</p> <p>Billiards 8:30</p> <p>Mall Trip 9</p> <p>Bridge 1:00</p> <p>Line Dancing 1:30</p> <p>Yoga 1:30</p> <p>Cribbage 6:00</p> <p>AA 7:00</p>	<div style="text-align: center;">  <p>Bingo Information</p> <p>Bingo is played every Sunday and Wednesday Evening</p> <p>Doors open at 3:00</p> <p>Early Birds (7 games) are played 4:45 - 5:45</p> <p>Regular Session begins with the Bonanza at 6:30</p> </div>			

1

Sharon Joiner
Susan Renaghan
Elizabeth Woodfine

2

Barbara Curulla
Thomas Madore
Gary Steffens

3

Raymond Marra

4

Sandra Avery

5

Janet Gingerella
Sandra McCall
Theresa Yonsky

6

Sara Adams
Janet Fiderio
Susan Haley
Mary Mitchell

7

Patricia Bianci
John Sutcliffe

8

Emilia Mascaro
Philp Newbury

9

Cheryl Lance
David Viara

10

Paula Niedermann
Gilbert Scott

11

Barbara Cillino
Sandy Seekins

12

Raymond Chang

13

Patricia Maggs
Sheryl Oruberq
Michael Stanley
Sandra Tisch

14

Kim Caswell
Edith Jacobson

15

Mary Clavin
Jo-An Pasetti

17

Mark Rathbun
Tally Sardelli

18

Sandra Appleton
Theresa Daniewicz
Ann Smith

20

Craig Nichols
Linda Ravenelle
Raphael Tomao
Judy Vredenburg

22

Carolyn Longolucco

23

Norma White

24

Peggy Dubeau
Judith Lenihan
Robin McCusker
Linda O'Brien
Robert Terranova

26

Mary Jane Rokos
Eva sisco
Carolyn Whewell

27

Jon Babcock
Marie Clark
Mimi Romano

28

Susan Frenchman
Cecilia Murray

29

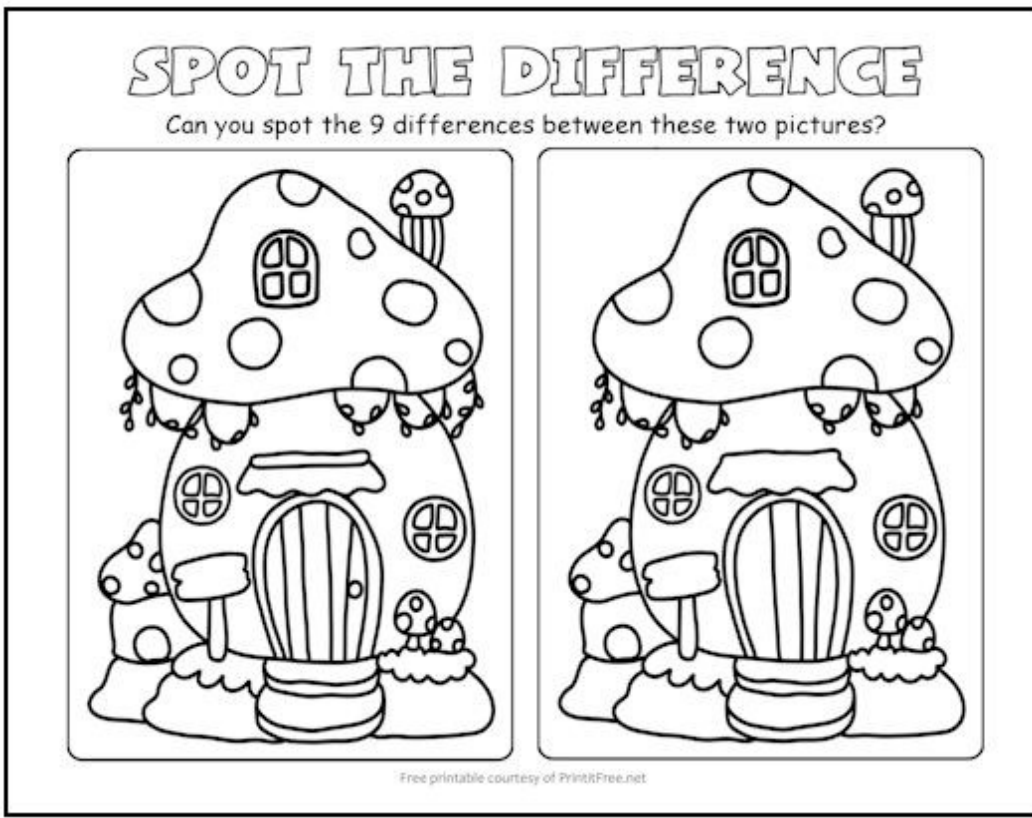
Rosie Discuillo
Patricia Grimes
Grace Zuaratella
Thomas Stafford

30

Anna Harring
Ann Thomas
Elisa Zaleski-Ward

Complete this puzzle and submit it to the Senior Center by September 15th!
One winner (**must be a member**) will be chosen & will receive a \$15 Gift Certificate to Walmart.

NAME _____ MEMBERSHIP # _____ PHONE NUMBER _____

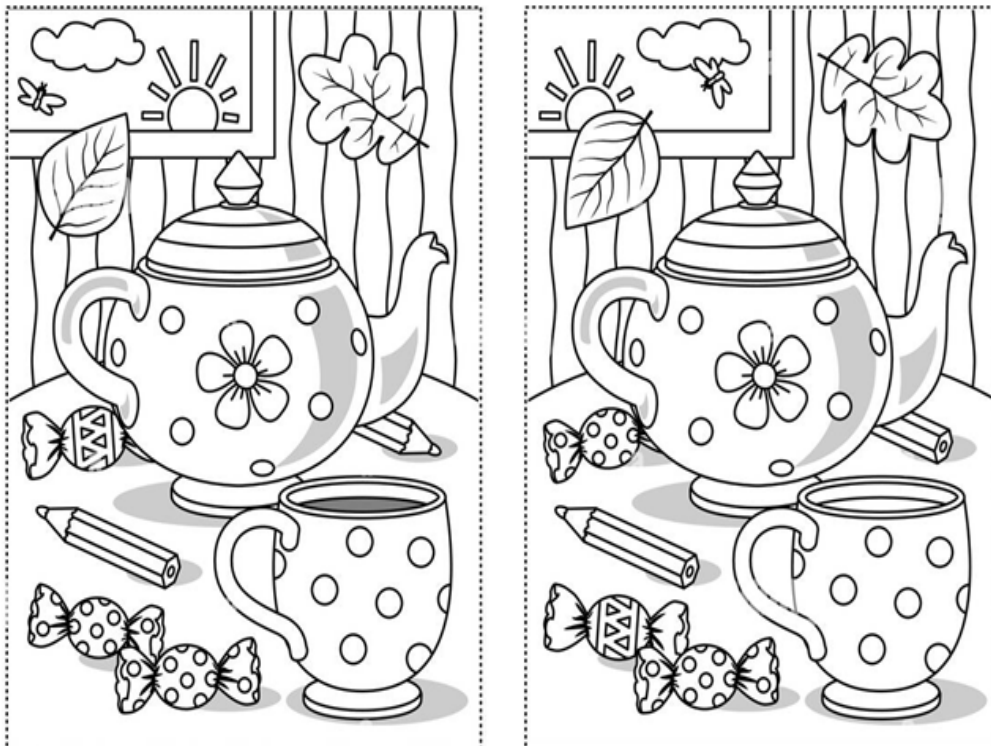


Circle the differences you find on the right hand pictures.

The top picture has 9 differences.

The bottom picture has 10 differences.

Find 10 differences.



The winner
Of the
August
Puzzle
Is
Carolyn
DeMedeiros



MEDICARE

Open Enrollment

Open enrollment for Medicare Part D will be held from October 15th through December 7th this year. This is the time of year for clients who already have Medicare plans or are new to Medicare to decide if they want to stay with those plans or explore other options. Nichole Woodward, our Community Information Specialist, assists with open enrollment. Her time is limited. Please call the Center at 596-2404 to leave your name and number with the receptionist. Nichole will call you back to schedule an appointment.

Please Note:

Walk-ins are not available

Representatives from Blue Cross and Blue Shield, United Health and Aetna will be holding special seminars in October, November and December for those who would like to explore available choices in Medicare and RX plans.

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New Members

- Pat Champlin
- Deborah Haggerty
- Carol Ferraioli
- Joyce Ray
- Anna Stewart



**2025 Memberships
Begin on October 1st**



The Van Trips to the Warwick Mall are scheduled for

- Friday, September 13th
- Monday, September 30th

Please call Edie at 401-596-7216 to reserve your seat today!
Space is limited.



Please Note:

The Autumnfest will be held on October 26th. We are accepting donations of Gift Cards and new items to be used as Penny Social prizes.



**Grandparents Day
September 8, 2024**

Westerly Senior Citizens Center Menu	September	FOR RESERVATIONS CALL (401) 596-7216
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<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
2	3	4	5	6
CLOSED LABOR DAY	Tomato soup Pineapple chicken Rice pilaf Mixed beans Roll Brownie Ham & cheese on rye	Chicken soup Lasagna roll up w/meat sauce Roasted zucchini w/ eggplant Garlic bread Fresh fruit Tossed salad w/chicken	Tossed salad Roasted chicken thigh Potato wedges Buttered corn Ww roll Pudding Corned beef on rye	Mushroom barley soup Moroccan meatballs Rice pilaf Waxed beans Ww roll Oatmeal cookie Chicken salad plate
9	10	11	12	13
Escarole & bean soup Ground beef stir fry Steamed rice Mixed vegetables Roll Carrot cake Turkey Sandwich on rye	Minestrone soup Chicken pot pie Mashed potato Mixed vegetables Biscuit Fresh fruit Spinach salad w/chicken	Greek cucumber salad Chicken parm Roasted potatoes Italian vegetables Roll Sliced pears Seafood Salad Sandwich	Lentil soup w/vegetables Chuck roast w/gravy Mashed potatoes Baby carrots Ww roll Sliced peaches Tuna salad sandwich	Cream of broccoli soup Baked fish Cole slaw Spanish rice Ww roll Mixed fruit Egg salad sandwich
16	17	18	19	20
Chicken soup Beef teriyaki Steamed rice Roasted zucchini Ww roll Pudding Cobb salad	Cream cauliflower soup Meatball sandwich 3 bean salad Roasted potatoes Ww roll Fresh fruit Roast beef on roll	Lentil vegetable soup Pork loin w/ gravy Rice pilaf w/ mushrooms Green beans Ww Roll cake Seafood salad plate	Vegetable soup Baked ham w/gravy Mashed potatoes Peas & carrots Ww roll Sliced peaches Chicken salad sandwich	Tossed salad Sloppy joe Cole slaw Roasted sliced potatoes Ww roll Tropical fruit Ham & cheese on wheat
23	24	25	26	27
Tuscan white bean soup Greek style chicken thighs Parsley potatoes Florentine rice Ww roll Oatmeal cookie Turkey on wheat	Tomato soup Shepards pie Mashed potato Mixed vegetables Roll Sliced peaches Chef salad	Fruit cup Tossed salad Beef stew Ww roll Lorna Doone cookie Rueben on rye	Chicken & rice soup Veal patty w/ gravy Sweet potatoes Roasted zucchini Ww roll Brownie Tuna salad sandwich	Vegetable soup Baked chicken/ Eggplant Bolognese Roasted potatoes Green beans w/stewed tomato Roll Chocolate chip cookie Seafood Salad Sandwich
30				
Chicken escarole soup Pub burger w/cheese Roasted sliced potatoes Pasta salad Ww roll Sliced peaches Roast beef on roll				

June 2024 Calendar Club Winners

							1
							Joan Pietraallo \$100
2	3	4	5	6	7	8	
David/Pat Calabrese \$50	Frances Mattera \$25	David/Pat Calabrese \$25	Maureen Gavitt \$25	Sue Melanson \$100	Janet Simon \$25	Ann Songs \$50	
9	10	11	12	13	14	15	
Tony Fusaro \$50	Charlie Delmonte \$25	Mary Lynn Caswell \$25	Linda Kotyk \$25	John Formica \$25	Jeff McCall \$100	Gail Galli \$50	
16	17	18	19	20	21	22	
Wayne Bartolo \$150	Sandra Vitterito \$25	Elizabeth Bray \$25	Ann L. Smith \$25	Pamela Stryjewski \$25	MaryAnn McElhaney \$75	Geneveve Bruce \$50	
23	24	25	26	27	28	29	
William Chatel \$50	Rev/Dr Norm David \$25	Diane Kissinger \$25	John Matthew \$100	Joyce Swift \$25	Theresa Wright \$25	Annette Morin \$50	
30							
Claire Pratt \$300							

Looking Ahead

Floor Shuffleboard Mtg Sep 10th
 @ 1:00pm
 Table Shuffleboard Mtg Sep 17th
 @ 1:00pm



Corn Hole
 Is returning for play
 On Friday Sep 6th
 @ 1:30pm

During the months of August and September we will be collecting the following items for Operation Christmas Child Shoe boxes that will be sent to 3rd World Countries

- Pencils
- Pens
- Erasers
- 1 subject & Composition Notebooks
- Glue sticks
- Pencil Sharpeners
- Crayons
- Markers
- Colored pencils

August Puzzle "Play on Words" Answers

STOOD MISS	PAWALKRK	MILLION	NOOKIJ	ARREST YOU'RE
<i>Miss Understood</i>	<i>Walk in the Park</i>	<i>One in a Million</i>	<i>Looking Backwards</i>	<i>You're Under Arrest</i>
STAND ICU	WALKING ICE	S T A N D ME	B E D	PAR 2
<i>Eye See You Understand</i>	<i>Walking on Thin Ice</i>	<i>Stand by Me</i>	<i>Bed Spread</i>	<i>Two Under Par</i>
CHANCE	OR OR O	FATHER FATHER FATHER FATHER	COLLAR HOT	STEFRANKIN
<i>Fat Chance</i>	<i>Double or Nothing</i>	<i>Fore Fathers</i>	<i>Hot Under The Collar</i>	<i>Frankenstein</i>
LIP LIP	LIFE LIVE LIVE	TIRE	ROUGH ROUGH ROUGH ROUGH	FREQUENCY
<i>Tulips</i>	<i>One Life to Live</i>	<i>Flat Tire</i>	<i>Rough Around the Edges</i>	<i>High Frequency</i>

MEETINGS and PROGRAMS

AA Meetings: Sunday - Saturday at 7:30am in the triple room, on Mondays at 7:00pm, Tuesdays at 6:00pm, on Wednesdays at 10am and 6:00 for Women, 7pm for Men, Fridays at 7:00pm. Saturday at 7:00pm. Sunday at 5:00pm & 7pm. New members are welcome, regardless of Center membership.

AI-Anon Meeting - Friday - 7:00pm

Board Meeting - The Board of Directors will be holding its monthly membership & business meeting on Thursday, September 19th at 1:15pm in the Conference Room.

Blue Cross/Blue Shield - September 19th at 2pm.

Friday Quilters - Third Fridays. Next meeting September 20th at 9am.

Ninigret Quilters - meet on Wednesdays at 9:00am. They also meet on Tuesday, September 10th at 7:00pm

VFW - Project Outreach of Westerly



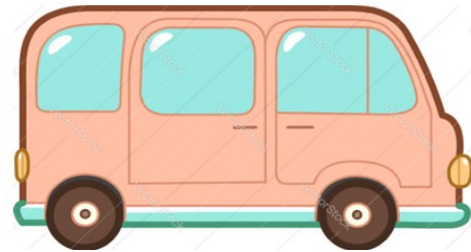
The councilor will be here on September 10th.

11:00 - 12:00

Visiting Nurse - The Visiting Nurse will be at the Center on Tuesday, September 24th 9:30-1:30 for blood pressure screenings and other health concerns.



Center Van - The Center van is available Tuesday - Thursday for shopping, hairdresser, barber, banking, and nursing home visits. Contact Edie, the Transportation Coordinator to make a reservation. (596-7216).



Medical Rides - MTM is the State program for medical rides. To make reservations, Call: 1-855-330-9131.

RIPTA BUS INFORMATION - Please call: 401-781-9400, Monday - Friday 7am - 6pm.

Medical Equipment Donations - Each month medical donations are received. Items include wheelchairs, transport chairs, bedside commodes, raised toilet seats, shower chairs, stools and benches, walkers, rollators and adult underwear.

Should you need medical equipment or adult underwear, please call the center so we can fill out a slip for the item(s). We fill orders on a first come first served basis, free of charge.



Did you know?

The Senior Center has Books and Individual Stamps to sell. The Letter Carrier comes into the building twice a day to pick up mail. There is a box on the Reception Desk for outgoing mail.

Also, The Center has small \$7 and large \$10 Westerly trash bags for sale at the Reception Desk.

Westerly Senior Citizens Center Board of Directors:
George Routhier - President, Wayne Bartolo - Vice President,
Marcella Bartolo - Treasurer, Judy Vredenburg - Secretary,
Robin Buck, Donna Cota, Sue Melanson, Dale Quattromani,
Michelle Reehl

Westerly Senior Citizens Center Staff:
Don L. Reynolds - Executive Director
Nichole Woodward - Elder Information Specialist
Edith E. Jacobson - Transportation / Mealsite Coordinator
Karen Cioffi, Carolyn MacCrae - Administrative Assistants
Joan Freemer - Kitchen Supervisor
Marshane Clarke - Maintenance
Jerry Breault - Van Driver

PRE-SORT STD
U.S. POSTAGE
PAID
PERMIT NO. 24
Westerly RI 02891



The Westerly Senior Citizens Center
39 State Street
Westerly RI 02891

RETURN SERVICE REQUESTED



WSCC MISSION STATEMENT

The mission of the Westerly Senior Citizens Center is to provide opportunity for the “young at heart” to meet and enjoy a wide variety of social, educational, health, and recreational activities and programs and to promote the positive aspects of aging to them, their families, and the community at large.